Psalms in Season

Music for the psalms in Catholic life



Holy Week to Easter Sunday

Simon Hetherington

Concordat cum Originali: Christopher Thomas

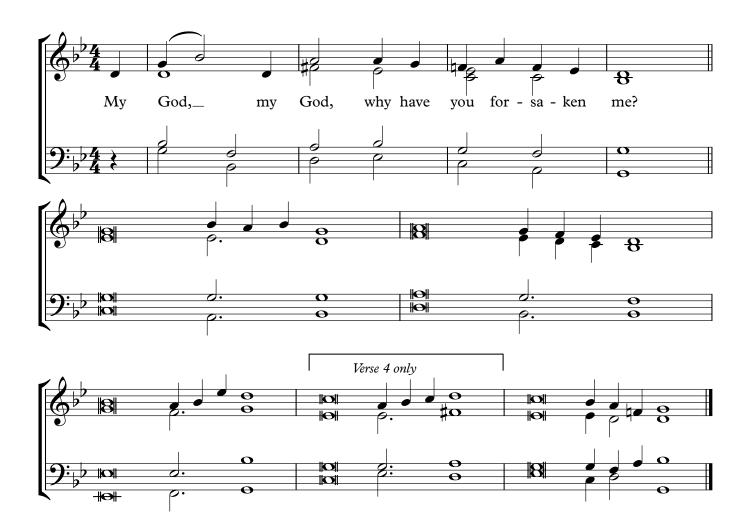
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Psalms in Season Palm Sunday

Palm Sunday of the Passion of the Lord

My God, my God, why have you forsaken me?

Lectionary No. 38
Psalm 22(21):8-9. 17-18a. 19-20. 23-24. R. 2a



- 1/. All who <u>see</u> me deride me; they curl their lips, <u>they</u> toss their heads: 'he trusted in the <u>LORD</u>, let him save him; let him release him, for in <u>him</u> he delights.'
- 2/. For dogs have surrounded me;a band of the wicked besets me.They tear holes in my hands and my feet;I can count every one of my bones.
- 3/. They divide my <u>clothing</u> among them, they cast <u>lots</u> for my robe.

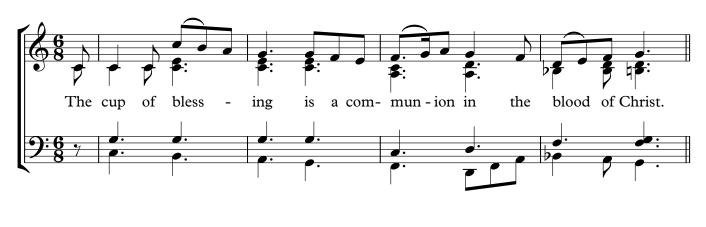
 But you, O LORD, do <u>not</u> stay afar off; my strength, <u>make</u> haste to help me!
- 4/. I will tell of your <u>name</u> to my kin, and praise you in the midst <u>of</u> the assembly; 'You who fear the <u>LORD</u>, give him praise; all descendants of Ja<u>cob</u>, give him glory; revere him, all you des<u>cendants</u> of Israel.'

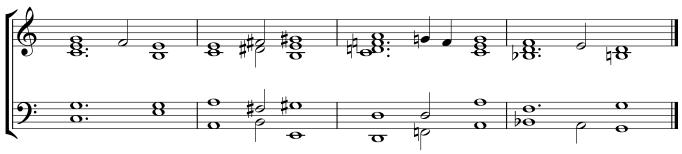
Psalms in Season Maundy Thursday

Thursday of the Lord's Supper

The cup of blessing is a communion in the blood of Christ.

Lectionary No. 39
Psalm 116(115):12-13. 15, 16bc. 17-18. R. cf. 1 Corinthians 10:16





- 1/. How can I repay the LORD for all his goodness to me?The cup of salvation I will raise;I will call on the name of the LORD.
- 2/. How precious in the eyes of the LORD is the death of his faithful.

 Your servant am I, the son of your handmaid; you have loosened my bonds.
- 3/. I will offer a thanksgiving sacrifice; I will call on the name of the LORD.

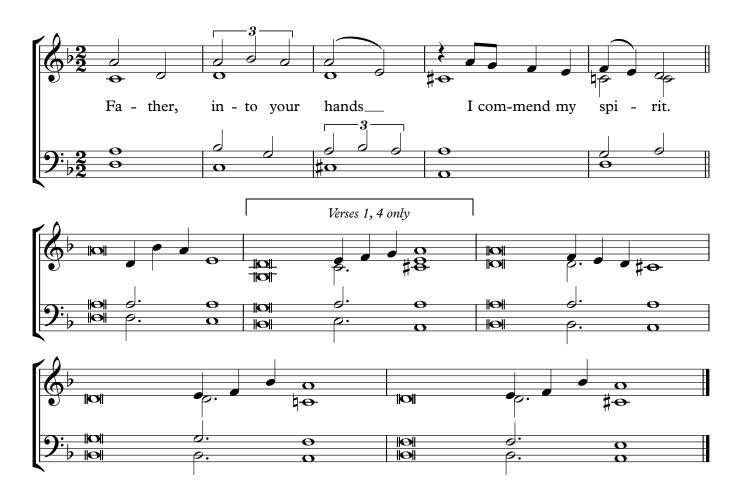
 My vows to the LORD I will fulfill before all his people.

Psalms in Season Good Friday

Friday of the Passion of the Lord

Father, into your hands I commend my spirit.

Lectionary No. 40
Psalm 31(30):2, 6. 12a-d, 12e-13. 15-16. 17, 25. R. Luke 23:46



- 1/. In you, O LORD, \underline{I} take refuge.
 - Let me never be put to shame.
 - In your justice, set me free.
 - Into your hands I commend my spirit.
 - You will redeem me, O LORD, O faithful God.
- 2/. Because of all my foes
 I have become a reproach,
 an object of scorn to my neighbours
 and of fear to my friends.
- 3/. Those who see <u>me</u> in the street, they <u>flee</u> from me. I am forgotten, like <u>some</u>one dead, and have become like <u>a</u> broken vessel.
- 4/. But as for me, I trust in you, O LORD;
 I say, 'You are my God.
 There in your hands is my lot,
 from the hands of my enemies deliver me and from those who pursue me.'
- 5/. 'Let your face <u>shine</u> on your servant.

 Save me in your <u>mer</u>ciful love.'

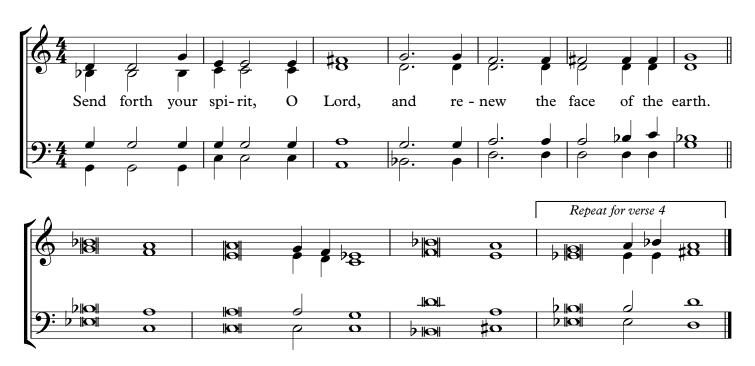
 Be strong, let <u>your</u> heart take courage, all who <u>hope</u> in the LORD.

Easter Vigil

Psalm after the First Reading

Send forth your spirit, O Lord, and renew the face of the earth.

Lectionary No. 41
Psalm 104(103):1-2a. 5-6. 10, 12. 13-14. 24, 35c. R. cf. 30



- 1/. Bless the LORD, O my soul!

 O LORD my God, how great you are, clothed in majesty and honour, wrapped in light as with a robe!
- 2/. You set the earth on its foundation, immovable from age to age.You wrapped it with the depths like a cloak; the waters stood higher than the mountains.
- 3/. You make springs gush forth in the <u>valleys</u>: they flow in bet<u>ween</u> the hills.

 There the birds of heaven build their <u>nests</u>; from the branches they <u>sing</u> their song.
- 4/. From your dwelling you water the <u>mountains</u>; by your works the earth <u>has</u> its fill.

 You make the grass grow for the <u>cattle</u> and plants to serve <u>mankind</u>'s need, that he may bring forth bread from the earth.
- 5/. How many are your works, O <u>LORD!</u>
 In wisdom you have <u>made</u> them all.
 The earth is full of your <u>creatures</u>.
 Bless the LORD, <u>O</u> my soul!

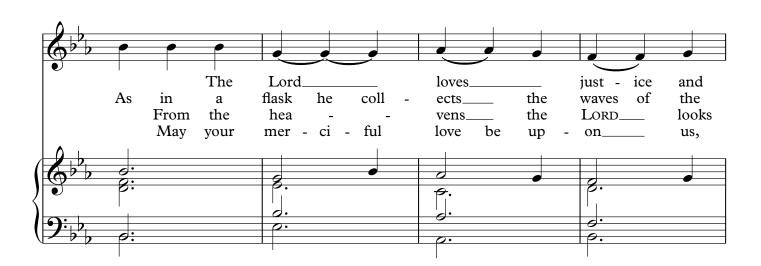
Easter Vigil

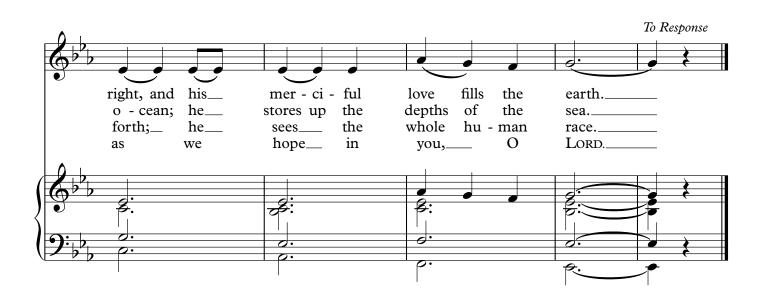
Alternative psalm after the First Reading

The merciful love of the LORD fills the earth.

Lectionary No. 41
Psalm 33(32):4-5. 6-7. 12-13. 20, 22. R. 5b







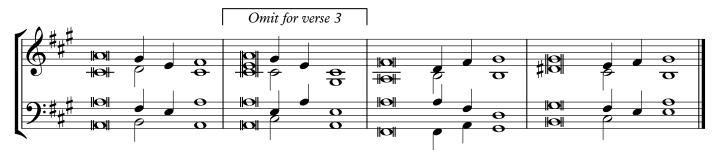
Easter Vigil

Psalm after the Second Reading

Preserve me, O God, for in you I take refuge.

Lectionary No. 41
Psalm 16(15):5, 8. 9-10. 11. R. 1





- O LORD, it is you who are my portion and cup; you yourself who secure my lot.
 I keep the LORD before me always; with him at my right hand, I shall not be moved.
- And so, my heart rejoices, my <u>soul</u> is glad; even my flesh shall <u>rest</u> in hope.
 For you will not abandon my <u>soul</u> to Sheol, nor let your holy one <u>see</u> corruption.
- 3. You will show me the <u>path</u> of life, the fullness of joy <u>in</u> your presence, at your right hand, <u>bliss</u> for ever.

Easter Vigil

Psalm after the Third Reading Let us sing to the LORD, glorious his triumph.

Lectionary No. 41
Exodus 15:1-2. 3-4. 5-6. 17-18. R. 1a



1/. Let us sing to the LORD who has gloriously triumphed;

horse and rider he has hurled into the sea.

The LORD is my strength and might;

he has become my salvation.

This is my <u>God</u>, and I will praise him, my father's God, and I will exalt him.

- 2/. The LORD is a warrior;
 - the LORD is his name.

The chariots of Pharaoh and his army

he has cast into the sea.

- 3/. The waters of the flood <u>covered</u> over them; they went down to the <u>depths</u> like a stone. your right hand, O LORD, majestic in power; your right hand, O LORD, <u>shatters</u> the enemy.
- 4/. You will bring them in and plant them
 - upon the mount of your inheritance:

the place which you, O LORD, have made your dwelling,

the holy place, O LORD, that your hands have established.

The LORD will reign for ever and ever.

Easter Vigil

Psalm after the Fourth Reading

I will extol you, LORD, for you have raised me up.

Lectionary No. 41
Psalm 30(29):2, 4. 5-6. 11, 12a, 13b. R. 2a





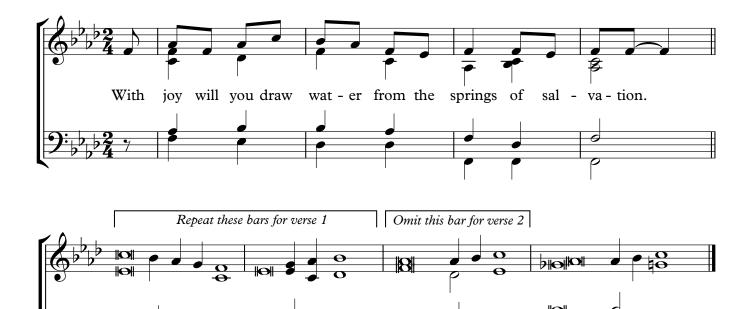
- 1/. I will extol you, LORD, for you have <u>raised</u> me up, and have not let my enemies rejoice <u>o</u>ver me.
 O LORD, you have lifted up my <u>soul</u> from Sheol, restored me to life from those who sink into the pit.
- 2/. Sing psalms to the LORD, you <u>faithful</u> ones; give thanks to his <u>holy</u> name.His anger lasts a moment; his favour <u>all</u> through life.At night come tears, but <u>dawn</u> brings joy.
- 3/. Hear, O LORD, and have mercy on me;be my helper, O LORD.You have changed my mourning into dancing.O LORD my God, I will thank you for ever.

Easter Vigil

Psalm after the Fifth Reading

With joy will you draw water from the springs of salvation.

Lectionary No. 41
Isaiah 12:2-3. 4b-d. 5-6. R. 3



- 1/. Behold, God is my salvation!

 I will trust, and will not be afraid,
 for the LORD is my strength and my praise,
 and he has been my salvation.
 - With joy will <u>you</u> draw water from the springs <u>of</u> salvation.
- 2/. Give thanks to the LORD, <u>invoke</u> his name; make known among the peo<u>ples</u> his deeds; proclaim that his name <u>is</u> exalted.

3/. Sing to the LORD for <u>he</u> has wrought wonders; let this be known through <u>all</u> the earth.

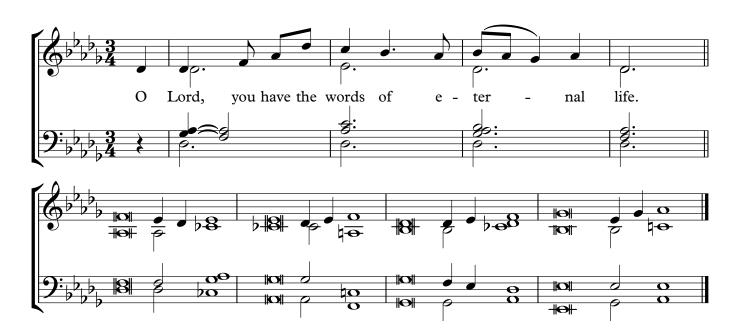
Shout aloud and sing praise, you who <u>dwell</u> in Sion, for great in your midst is the Holy <u>One</u> of Israel.

Easter Vigil

Psalm after the Sixth Reading

O Lord, you have the words of eternal life.

Lectionary No. 41
Psalm 19(18):8. 9. 10. 11. R. John 6:68c



- 1/. The law of the <u>LORD</u> is perfect; it revives the soul.
 - The decrees of the LORD are steadfast; they give wisdom to the simple.
- 2/. The precepts of the <u>LORD</u> are right; they glad<u>den</u> the heart.

The command of the <u>LORD</u> is clear; it gives light <u>to</u> the eyes.

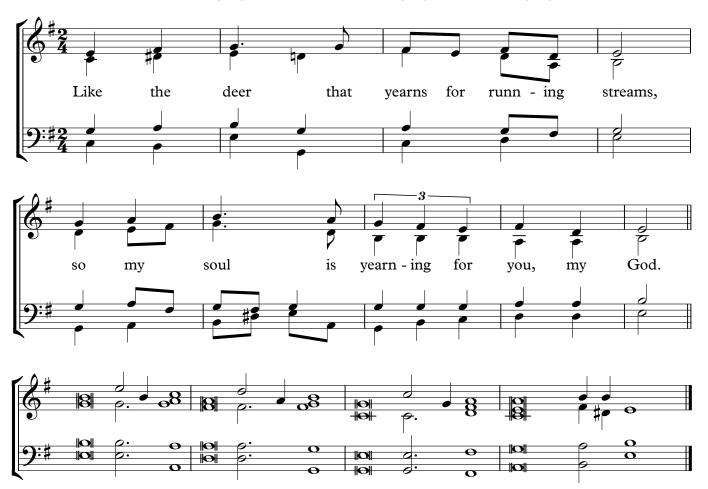
- 3/. The fear of the <u>LORD</u> is pure, abiding for ever.
 - The judgements of the <u>LORD</u> are true; they are, all <u>of</u> them, just.
- 4/. They are more to be desired than gold, than quantities of gold.
 - And sweeter are they than honey, than honey flowing from the comb.

Easter Vigil

Psalm after the Seventh Reading

Like the deer that yearns for running streams, so my soul is yearning for you, my God.

Lectionary No. 41
Psalm 42(41):3. 5b-d. Psalm 43(42):3. 4. R. 42(41):2



- 1/. My soul is thirsting for God, the living God; when can I enter and appear before the face of God?
- 2/. For I would <u>go</u> to the place of your <u>wond</u>rous tent, all the way to the <u>house</u> of God, amid cries of gladness <u>and</u> thanksgiving.
- 3/. O send forth your <u>light</u> and your truth; they will <u>guide</u> me on.

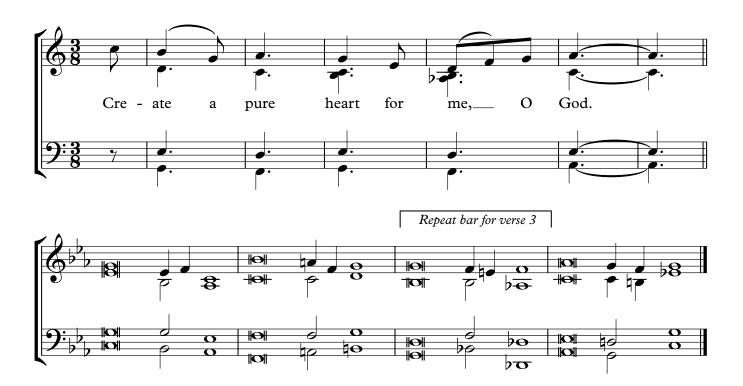
 They will bring me to your <u>holy</u> mountain, to the place <u>where</u> you dwell.
- 4/. And I will come to the <u>altar</u> of God, to God, my joy and gladness.To you I will give thanks <u>on</u> the harp, O <u>God</u>, my God.

Easter Vigil

Alternative psalm after the Seventh Reading

Create a pure heart for me, O God.

Lectionary No. 41
Psalm 51(50):12-13. 14-15. 18-19. R. 12a



- 1/. Create a pure heart for me, O God; renew a steadfast spirit within me.Do not cast me away from your presence; take not your holy spirit from me.
- 2/. Restore in me the joy of your salvation; sustain in me a willing spirit.I will teach transgressors your ways, that sinners may return to you.
- 3/. For in sacrifice you take <u>no</u> delight; burnt offering from me <u>would</u> not please you. My sacrifice to God, a <u>bro</u>ken spirit: a broken and <u>hum</u>bled heart, you will not <u>spurn</u>, O God.

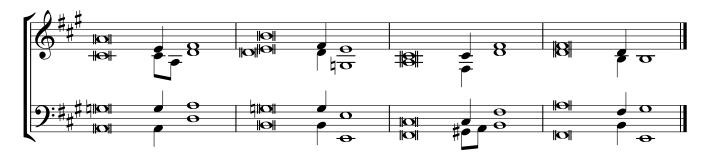
Easter Vigil

Psalm after the Epistle

Alleluia, Alleluia, Alleluia,

Lectionary No. 41
Psalm 118(117):1-2. 16-17. 22-23.





- 1/. Give praise to the LORD, for he <u>is</u> good;
 - his mercy endures for ever.
 - Let the house of Israel say,
 - 'His mercy endures for ever.'
- 2/. The LORD's right hand is exalted.
 - The LORD's right hand has done mighty deeds.
 - I shall not die, I shall live
 - and recount the deeds of the LORD.
- 3/. The stone which the builders <u>rejected</u> has become the cor<u>ner</u>stone.

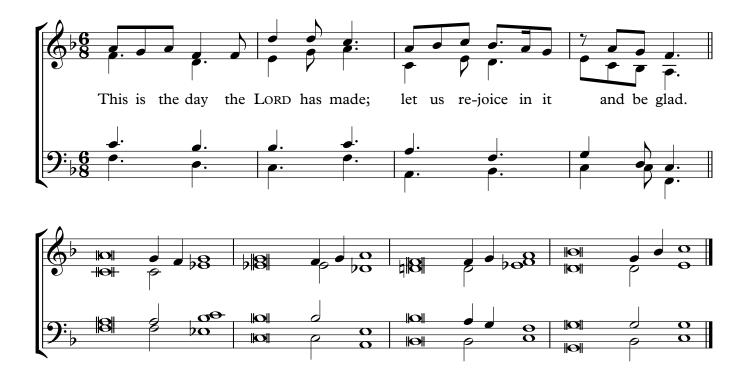
 By the LORD has this been done, a marvel in <u>our</u> eyes.

Psalms in Season Easter Sunday

Easter Sunday Mass during the day

This is the day the LORD has made; let us rejoice in it and be glad.

Lectionary No. 42
Psalm 118(117):1-2. 16-17. 22-23. R. 24



- 1/. Give praise to the LORD, for <u>he</u> is good; his mercy en<u>dures</u> for ever.
 - Let the house of Israel say:
 - 'His mercy endures for ever.'

- 2/. The LORD's right hand <u>is</u> exalted.

 The LORD's right hand has done <u>mighty</u> deeds.

 I shall not die, I <u>shall</u> live
 and recount the deeds <u>of</u> the LORD.
- 3/. The stone that the builders <u>rejected</u> has become the <u>cornerstone</u>.

 By the LORD has <u>this</u> been done, a marvel in <u>our</u> eyes.